Message from the Zeta Lambda President

I was very pleased with the planning meeting that took place at the beginning of August. Most board members and committee chairs were able to participate in the planning for the upcoming year.

Because of the smaller graduating nursing class size at Indiana University of Pennsylvania this year, the chapter will be holding only one induction ceremony for the 2002-2003 year in the spring. Along with this ceremony, we will be celebrating the 20th anniversary of the chapter’s charter. We are planning a very impressive evening to reflect upon the past history of the chapter as well as to honor our new inductees. Look for the exact date to be announced in the next newsletter. The event will be sometime in the month of March 2003.

Two scholarly programs were sponsored by our chapter this past year. We are planning on co-sponsoring the Graduate Outcomes Day at Indiana University of Pennsylvania again in 2003. In addition to this, we will be promoting The Greater Pittsburgh Annual Nursing Research Conference to be held on November 1, 2002 in the Oakland area. This day has traditionally been sponsored by the Sigma Theta Tau chapters of the University of Pittsburgh, Carlow College, and Duquesne University.

I look forward to another productive year as more members are becoming actively involved with the chapter and its activities. Please thoughtfully consider attending the 20 Year Celebration in March 2003. I would personally like to see a special showing of support and interest from the membership for this special event!

Warm Regards,

Mark Von Stein
President, Zeta Lambda Chapter

Welcome to Our New Members
Inducted Spring 2002

Standing, left to right: Katrina Pyo, Sarah D. Jones, Margaret Rodgers, Melissa Achtziger, Marion Pollock
Seated, left to right: Trishia Sotack, Amber Pifer, Meghan Walsh, Pamela Swansboro, Linda Smitz
Business Dinner Meeting

SIGMA THETA TAU
ZETA LAMBDA CHAPTER

Thursday, October 17, 2002
6:00 p.m.

Pie Cucina
181 East Brown Street
Blairsville, PA

MENU

All meals include a beverage, salad, bread and a dessert.

Choice of:

**Lasagna**  \(\text{\$15.00}\)

**Chicken Breast with Mushroom**  \(\text{\$16.35}\)

*Strips of chicken breast sautéed with Mushroom served on a bed of meat sauce and linguine*

**Linguine A La Seafood**  \(\text{\$20.00}\)

*Tender shrimp and scallops in a velvety Cream sauce over linguine*

**Pasta Primavera**  \(\text{\$16.35}\)

*Vegetables with cream sauce, marinara or garlic over pasta*

COST INCLUDES GRATUITY AND TAX

Please return dinner reservation and payment (payable to Zeta Lambda Chapter) by **October 7, 2002** to Ann Esachina, 107 West De Vinney Hollow Road, Blairsville, PA 15717

-----------------------------------------------

Name _____________________________________  Phone _____________________

Address ________________________________________

Menu selection _________________________________________
To Our Members

If you are planning a change of name or address, please notify Sigma Theta Tau International as well, so that new mailing labels can be printed for you. The address is:

Sigma Theta Tau International
550 West North Street
Indianapolis, IN 46202
888.634.7575 (US/Canada toll free)
1.800.634.7575.1 (International toll free)
317.634.8171 (Local)
317.634.8188 (Fax)

Members can complete and submit a change of address online from the Sigma Theta Tau International Website under the “Moved?” section. Website address: www.jenniferstti.iupui.edu STTI Web Address: www.nursingsociety.org

Quest for Zeta Lambda Archival Materials

Looking for our history—I need your help in finding it. Check out your memory banks, desk drawers, and closets. I can use pictures and newspaper articles. I am currently working on the last induction ceremony in an archival safe book.

If you find anything, please send it to me at: Merry Previte, 369 North 5th Street, Indiana, PA 15701.

Thanks,
Merry Previte, Archivist
Zeta Lambda Chapter of STTI

Zeta Lambda is compiling a listing of email addresses of all members. WE NEED YOUR ASSISTANCE. Please help us by providing your email address for this list. Annette Kostelnik has volunteered to formulate a list of Zeta Lambda member email addresses. Please forward your email address by October 31, 2002 to Annette at: akostel@iup.edu. Thank you.

A Thank You to Our Chapter!

Thank you to Zeta Lambda for partially sponsoring two IUP nursing students to attend the 4th North American Conference in June 2002 held in Niagara Falls, Ontario. The conference was held in conjunction with Nurses Christian Fellowship—and the two students who attended are the president (Jillian Yorio) and vice president (Shannon Merrell) of our local chapter. (This money was part of the original $250 that Zeta Lambda donated as seed money for the “start up” of NCF at Indiana.) Annette Kostelnik, co-advisor of the group and faculty member at IUP, also attended the conference.
# Email Addresses of Officers and Committee Chairpersons of Zeta Lambda Chapter Sigma Theta Tau International

## Officers

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Years</th>
<th>Email Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>Mark A. Von Stein, RN, MN, CCRN</td>
<td>2001-2004</td>
<td><a href="mailto:vonstein@pitt.edu">vonstein@pitt.edu</a></td>
</tr>
<tr>
<td>Vice President</td>
<td>Ann Esachina, RN, MSN</td>
<td>2001-2003</td>
<td><a href="mailto:annmesac@microserv.net">annmesac@microserv.net</a></td>
</tr>
<tr>
<td>Treasurer</td>
<td>Annette Kostelnik, RN, MSN</td>
<td>2001-2003</td>
<td><a href="mailto:kostel@attbi.com">kostel@attbi.com</a></td>
</tr>
<tr>
<td>Secretary</td>
<td>Janet Knott, RN, MSN</td>
<td>2002-2004</td>
<td><a href="mailto:jmk24@psu.edu">jmk24@psu.edu</a></td>
</tr>
<tr>
<td>Director</td>
<td>Diane Petras, RN, MSN</td>
<td>2001-2003</td>
<td><a href="mailto:dianepetras@hotmail.com">dianepetras@hotmail.com</a></td>
</tr>
<tr>
<td>Director</td>
<td>Sheila Capitosti, RN, MSN</td>
<td>2002-2004</td>
<td><a href="mailto:ahsvp@aol.com">ahsvp@aol.com</a></td>
</tr>
</tbody>
</table>

## Committees

<table>
<thead>
<tr>
<th>Committee</th>
<th>Chairperson</th>
<th>Years</th>
<th>Email Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bylaws Oversight</td>
<td>Mark Von Stein, RN, MN, CCRN</td>
<td>2002-2004</td>
<td><a href="mailto:vonstein@pitt.edu">vonstein@pitt.edu</a></td>
</tr>
<tr>
<td>Eligibility</td>
<td>Amy Labant, RN, PhD</td>
<td>2002-2003</td>
<td><a href="mailto:alabant@iup.edu">alabant@iup.edu</a></td>
</tr>
<tr>
<td>Finance</td>
<td>Jean Blair, RN, MNEd</td>
<td>2002-2004</td>
<td><a href="mailto:jsblair@yourinter.net">jsblair@yourinter.net</a></td>
</tr>
<tr>
<td>Membership Involvement</td>
<td>Amy Labant, RN, PhD</td>
<td>2001-2003</td>
<td><a href="mailto:alabant@iup.edu">alabant@iup.edu</a></td>
</tr>
<tr>
<td>Nominating</td>
<td>Linda Pollock, RN, MSN</td>
<td>2002-2004</td>
<td><a href="mailto:lpollock@movalley.org">lpollock@movalley.org</a></td>
</tr>
<tr>
<td>Program</td>
<td>Ann Esachina, RN, MSN</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Please feel free to contact any officer or committee chairperson with questions, concerns, or suggestions regarding Zeta Lambda. We desire and welcome your comments.

Zeta Lambda Chapter of Sigma Theta Tau International
Extended Schedule

<table>
<thead>
<tr>
<th>Month</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>2002</td>
<td></td>
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</tr>
<tr>
<td>October</td>
<td>17</td>
<td>Thursday</td>
<td>6:00 p.m.</td>
<td><strong>Board and Membership Meeting</strong></td>
</tr>
<tr>
<td>October</td>
<td>10-19</td>
<td></td>
<td></td>
<td>Nightingale Tour to England</td>
</tr>
<tr>
<td>November</td>
<td>1</td>
<td>Friday</td>
<td></td>
<td>Greater Pittsburgh Annual Research Conference</td>
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<tr>
<td>2003</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>January</td>
<td>29</td>
<td>Wednesday</td>
<td>4:00 p.m.</td>
<td><strong>Membership Meeting</strong></td>
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<tr>
<td></td>
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<td>IUP Nursing Department</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Vote on Candidates for Induction</td>
</tr>
<tr>
<td>March</td>
<td>22</td>
<td>Saturday</td>
<td>11:00 a.m.</td>
<td><strong>Spring Induction</strong></td>
</tr>
<tr>
<td></td>
<td>tentative</td>
<td></td>
<td></td>
<td>20th Year Anniversary Celebration</td>
</tr>
<tr>
<td>May</td>
<td></td>
<td></td>
<td></td>
<td>IUP Graduate Outcomes Day</td>
</tr>
<tr>
<td>July</td>
<td></td>
<td></td>
<td></td>
<td>Officer/Chair Planning Meeting</td>
</tr>
<tr>
<td>July</td>
<td>10-12</td>
<td></td>
<td></td>
<td>14th International Nursing Research Congress, Virgin Islands</td>
</tr>
<tr>
<td>November</td>
<td>1-5</td>
<td></td>
<td></td>
<td>37th Biennial Convention, Toronto, Canada</td>
</tr>
</tbody>
</table>
New Zeta Data

Dr. Mary Sadler, Zeta Lambda member, was promoted to Full Professor status at Indiana University of Pennsylvania in July 2002. She has been invited to speak at the Creative Teaching Nursing Education Conference held in Memphis, TN in March 2003. She will also hold a half-day workshop for Personal Care Home Administrators, titled “Succeeding at Leading” in October 2002 at the Best Western, Indiana, PA. Dr. Sadler and Mrs. JoAnn Thistlethwaite, Professor Emeritus, Project Directors for the Children’s Health Outreach Grant, were funded for a third year from the DPW, Department of Health and Insurance Commission. Funding is in the amount of $49,862.00 for year three, and the project involves increasing access to publicly funded health care (CHIP, Medicaid) in Somerset County. Mrs. Camille Wendekier, Nursing graduate student, was awarded a half-time GA to work in the project. She is the grant coordinator between IUP and Somerset Hospital. Mary, JoAnn, and Camille also presented a paper at the PA Rural Health Conference in State College in June 2002, titled “Improving Health Care Access: A Partnership Model.”

Heidi Putman, a Zeta Lambda member since 1993, writes that she has completed a DNSc, Widener University, in May 2002, and has accepted a position as Assistant Professor of Nursing, West Virginia University, Morgantown, WV. (She was previously employed at Allegany College of Maryland Department of Nursing, Cumberland, MD.) Her dissertation focus was on adults diagnosed with asthma and their compliance behaviors with prescribed asthma treatment regimens. Heidi has had two recent articles published with prescribed asthma treatment regimens. Heidi has had two recent articles published in RN magazine: in June 2001, she authored an article titled, “Helping People with Severe Allergies,” and in June 2002, she authored an article titled, “Food Allergies—Keeping Kids Safe.”

Holly Rolt, a Zeta Lambda member since 1987, began a new position in September 2001 as Nursing Home Administrator at Lakeside of Willow Valley, Willow Street, PA. She is the Health Care Administrator of a 60 bed skilled facility. Holly attended York College for Nursing Home Administrator Courses in 2001, and successfully completed two exams for licensure. Holly writes that she holds both a BSN and MSN from IUP, and prior to her new position, she has been a Director of Nursing at Brethren Village, Lancaster, PA.

Erica Stromberg Petruzzi, a Zeta Lambda member since 2000, writes to share the happy news that she and her husband have a new son, Elijah Michael, born on June 4, 2002. We send our best wishes to Erica and her family.

Amber Stiles, a Zeta Lambda member, writes that she is now working on the Telemetry Unit at Forbes Regional Hospital in Monroeville, PA.

Holly A. Hagerich, a Zeta Lambda member since 1997, obtained her CEN in December 2001, and is now a traveling nurse with her first assignment being in Honolulu, HI at Kapioloni Medical Center for Women and Children in the Emergency Department. Holly added this post-note: [I’m] “thankful for the education I received at IUP from all the wonderful nursing instructors!”

Kristie Swierczek, a Zeta Lambda member since 2002, has this year completed the School Nurse Certification program from the University of Pittsburgh, and is also a graduate student at the University of Pittsburgh working on a Masters in Nursing Education.
Call for Awards

The awards committee is calling for applicants to submit their proposals for the Zeta Lambda Nursing Research Grant.

Criteria:  
Membership in Zeta Lambda is required  
Research must support the goals of Sigma Theta Tau  
The award can fund either a nursing research project or a creative project that advances the utilization of nursing research

Format of submission: A 1-3 page description of the project, single-spaced. The description should include a brief background of the project, methods, and the significance of the project including risks and benefits (if applicable.) A brief budget proposal including an explanation of the line items in the budget should also be included but are not counted in the page total.

A final report should be submitted to the executive committee describing the outcome of the project and details of the budget expenses.

Recipient must meet with a representative of the Zeta Lambda executive committee to plan a presentation on the funded project at a Zeta Lambda Chapter meeting within one year of the date of distribution of the award.

Award amount: $1,000.00

Deadline: Proposals are due October 1, 2002

Send all proposals to: Zeta Lambda Research Grant  
Department of Nursing and Allied Health Professions  
210 Johnson Hall  
Indiana University of Pennsylvania  
Indiana, PA 15705

Do not put any names on the proposal. Rather, submit the proposal with a cover sheet that includes the title of your project, your name, address, email address, and phone number. The cover sheet will be removed and coded to allow for blind review by the committee.

Lisa Palmer  
Chairperson, Awards Committee

<table>
<thead>
<tr>
<th>Newsletter Mailing Months</th>
<th>Information due to Diane Petras</th>
</tr>
</thead>
<tbody>
<tr>
<td>September</td>
<td>August 1</td>
</tr>
<tr>
<td>December</td>
<td>November 1</td>
</tr>
<tr>
<td>March</td>
<td>February 1</td>
</tr>
<tr>
<td>June</td>
<td>May 1</td>
</tr>
</tbody>
</table>
Zeta Data Information Sheet

Name __________________________ Induction Date __________

Have you changed your name or address?

Old Address ______________________________________________

New Address ______________________________________________

Have a new job, completed further education, published, done anything of interest? We want to hear about your news!!!

Professional changes:

Professional developments:

Personal changes:

Other news:

Mail anything new or of interest to: Diane Petras, MSN, RN, 489 Edgewood Avenue, Indiana, PA 15701. We want to hear from you so we can share it!
Nursing Excellence Award

This year’s recipient of the Nursing Excellence Award is Jodell Kuzneski. Jodell was honored at the spring 2002 induction meeting with this award. This distinguished honor was given to Jodell in recognition of her years of service to the Department of Nursing and Allied Health Professions at IUP as both a faculty member and as chairperson of the department, as well as her extraordinary contributions to the community through service and leadership. Additionally, as the founding president of the Zeta Lambda Chapter of Sigma Theta Tau International in 1981, Jodell has continuously demonstrated her ongoing commitment to the organization through active committee membership and participation in chapter activities.

During her tenure as Chairperson of the Department of Nursing and Allied Health Professions at IUP, one of her numerous accomplishments has been that of a successful ten-year CCNE accreditation. Jodell also chaired the University-wide Curriculum Committee. She has also been quite involved in community service activities. Jodell has made significant contributions to the Visiting Nurse Association of Indiana County, including Family Hospice and the VNA Extended Care. She is currently the president of the VNA Extended Care Board of Directors and has served on the VNA Board of Directors since 1993. Jodell was also founding president of the VNA Family Hospice organization. Additionally, her commitment to health has recently been recognized at the state level with her recent appointment by the governor to the Health Advisory Board for the Pennsylvania Department of Health. Jodell exemplifies the outstanding leadership and excellence in nursing that the Zeta Lambda Award for Excellence recognizes.

Congratulations, Jodell!